

COMCAST NBCUNIVERSAL



The Comcast Network Mid-Atlantic

Independent Programming means a telecast on a Comcast or NBCUniversal network that was produced by an entity unaffiliated with Comcast and/or NBCUniversal. Each independent program or series listed has been classified as **new** or **continuing**.

Continuing Independent Series and Programming means series and programming that began prior to January 18, 2011 but ends on or after January 18, 2011. **New Independent Series and Programming** means series and programming renewed or picked up on or after January 18, 2011 or that were not on the network prior to January 18, 2011.

Total Hours of Independent Programming Aired
During the First Quarter 2013

479:30:00

(HH:MM:SS)

INDEPENDENT PROGRAMMING



Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	01/01/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/01/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/01/2013	17:30:00	18:00:00	00:30:00
TCNMA	ICE SKATING SPECIAL	R	C	P	Sports	01/01/2013	19:00:00	20:00:00	01:00:00
TCNMA	ICE SKATING SPECIAL	R	C	P	Sports	01/01/2013	20:00:00	21:00:00	01:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	01/01/2013	23:00:00	00:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	01/02/2013	00:00:00	01:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	01/02/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/02/2013	17:00:00	17:30:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	01/02/2013	18:30:00	20:30:00	02:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	01/02/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	01/03/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/03/2013	17:00:00	17:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	01/04/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/04/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	01/04/2013	21:30:00	22:30:00	01:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	01/04/2013	22:30:00	00:30:00	02:00:00
TCNMA	IN THIS CORNER	I	C	P	Sports	01/05/2013	00:30:00	01:00:00	00:30:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	01/05/2013	15:00:00	16:00:00	01:00:00
TCNMA	BIG EAST WOMEN'S BASKETBALL	I	C	P	Sports	01/05/2013	18:00:00	20:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/06/2013	00:00:00	01:00:00	01:00:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/06/2013	13:30:00	14:00:00	00:30:00
TCNMA	BASS WEST USA	I	C	P	Sports	01/06/2013	15:30:00	16:00:00	00:30:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	01/06/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	01/06/2013	16:30:00	17:00:00	00:30:00
TCNMA	INSIDE GOLF	I	N	P	Sports	01/06/2013	21:30:00	22:00:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	01/07/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/07/2013	17:00:00	17:30:00	00:30:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	01/07/2013	19:00:00	22:00:00	03:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	01/07/2013	22:00:00	23:00:00	01:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	01/07/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	01/08/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/08/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/08/2013	17:30:00	18:00:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	01/08/2013	19:00:00	21:00:00	02:00:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	01/08/2013	21:00:00	23:00:00	02:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	01/08/2013	23:00:00	01:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	01/09/2013	16:00:00	17:00:00	01:00:00
TCNMA	BEST OF THE BEST	R	C	P	Reality: Other	01/09/2013	17:00:00	17:30:00	00:30:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	01/09/2013	23:00:00	00:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/10/2013	00:00:00	01:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/10/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/10/2013	17:00:00	17:30:00	00:30:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	01/10/2013	19:00:00	20:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	01/11/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/11/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	01/11/2013	21:00:00	23:00:00	02:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	01/11/2013	23:00:00	01:00:00	02:00:00
TCNMA	NCAA DIVISION II BASKETBALL	I	C	P	Sports	01/12/2013	12:00:00	14:00:00	02:00:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	01/12/2013	21:00:00	21:30:00	00:30:00
TCNMA	BIG EAST WOMEN'S BASKETBALL	I	C	P	Sports	01/12/2013	21:30:00	23:30:00	02:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	01/13/2013	15:00:00	16:00:00	01:00:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	01/13/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	01/13/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	01/13/2013	17:00:00	17:30:00	00:30:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	01/13/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	01/13/2013	18:00:00	18:30:00	00:30:00
TCNMA	BASS WEST USA	I	C	P	Sports	01/13/2013	18:30:00	19:00:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	01/13/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/13/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	01/14/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Sports	01/14/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	01/14/2013	19:00:00	21:00:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	01/14/2013	21:00:00	23:00:00	02:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	01/14/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	01/15/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/15/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/15/2013	17:30:00	18:00:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	01/15/2013	21:00:00	23:00:00	02:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	01/15/2013	23:00:00	01:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	01/16/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/16/2013	17:00:00	17:30:00	00:30:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	01/17/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/17/2013	17:00:00	17:30:00	00:30:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	01/17/2013	18:00:00	21:00:00	03:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	01/18/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/18/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	01/18/2013	19:00:00	22:00:00	03:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	01/18/2013	20:00:00	22:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/18/2013	22:00:00	00:00:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	01/18/2013	23:00:00	01:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	01/19/2013	13:00:00	14:00:00	01:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	01/19/2013	14:00:00	16:00:00	02:00:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	01/19/2013	16:00:00	19:00:00	03:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/19/2013	19:00:00	20:00:00	01:00:00
TCNMA	BIG EAST WOMEN'S BASKETBALL	I	C	P	Sports	01/19/2013	22:30:00	00:30:00	02:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	01/20/2013	15:00:00	16:00:00	01:00:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	01/20/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	01/20/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	01/20/2013	17:00:00	17:30:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	01/20/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	01/20/2013	18:00:00	18:30:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	01/20/2013	18:30:00	19:00:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	01/20/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/20/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	01/21/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/21/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	01/21/2013	19:00:00	21:00:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	01/21/2013	21:00:00	23:00:00	02:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	01/21/2013	23:00:00	01:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	I	C	P	Sports	01/22/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/22/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/22/2013	17:30:00	18:00:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	01/22/2013	21:00:00	23:00:00	02:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	01/22/2013	23:00:00	00:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	01/23/2013	00:00:00	01:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	01/23/2013	16:00:00	17:00:00	01:00:00
TCNMA	BEST OF THE BEST	R	C	P	Reality: Other	01/23/2013	17:00:00	17:30:00	00:30:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	01/24/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/24/2013	17:00:00	17:30:00	00:30:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	01/24/2013	23:00:00	01:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	01/25/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/25/2013	17:30:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	01/25/2013	22:00:00	00:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/26/2013	00:00:00	01:00:00	01:00:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	01/26/2013	13:00:00	13:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	01/26/2013	18:00:00	20:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	R	C	P	Sports	01/26/2013	20:00:00	21:00:00	01:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	01/26/2013	21:00:00	23:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/26/2013	23:00:00	00:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	01/27/2013	00:00:00	01:00:00	01:00:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/27/2013	15:30:00	16:00:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	01/27/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	01/27/2013	18:00:00	18:30:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	01/27/2013	21:30:00	22:00:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	01/28/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/28/2013	17:00:00	17:30:00	00:30:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	01/28/2013	22:00:00	00:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	01/29/2013	00:00:00	01:00:00	01:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	01/29/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/29/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	01/29/2013	17:30:00	18:00:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	01/29/2013	21:30:00	22:00:00	00:30:00
TCNMA	CAMDEN HIGH BASKETBALL STORY	I	N	P	Sports	01/29/2013	22:00:00	00:00:00	02:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	01/29/2013	23:00:00	01:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	01/30/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/30/2013	17:00:00	17:30:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	01/30/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	01/31/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	01/31/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	01/31/2013	21:00:00	23:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	02/01/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/01/2013	17:00:00	17:30:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	02/01/2013	19:00:00	19:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	02/01/2013	23:00:00	01:00:00	02:00:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	02/02/2013	13:00:00	13:30:00	00:30:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	02/02/2013	16:00:00	17:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	02/02/2013	17:00:00	18:00:00	01:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	02/02/2013	18:00:00	20:00:00	02:00:00
TCNMA	INSIDE GOLF	I	C	P	Sports	02/03/2013	13:00:00	13:30:00	00:30:00
TCNMA	CAMDEN HIGH BASKETBALL STORY	R	C	P	Sports	02/03/2013	13:30:00	14:30:00	01:00:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Sports	02/03/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	02/04/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/04/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	02/04/2013	19:00:00	21:00:00	02:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	02/04/2013	21:00:00	23:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	02/04/2013	23:00:00	00:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	02/05/2013	00:00:00	01:00:00	01:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	02/05/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/05/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/05/2013	17:30:00	18:00:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	02/05/2013	23:00:00	01:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	02/06/2013	16:00:00	17:00:00	01:00:00
TCNMA	BEST OF THE BEST	R	C	P	Reality: Other	02/06/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	02/06/2013	23:00:00	01:00:00	02:00:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	02/07/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/07/2013	17:00:00	17:30:00	00:30:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	02/07/2013	19:00:00	20:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	02/07/2013	20:00:00	21:00:00	01:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	02/07/2013	23:00:00	01:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	02/08/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/08/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	02/08/2013	23:00:00	01:00:00	02:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	02/09/2013	16:00:00	17:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	02/09/2013	17:00:00	18:00:00	01:00:00
TCNMA	ICE SKATING SPECIAL	I	C	P	Sports	02/09/2013	18:00:00	19:00:00	01:00:00
TCNMA	COLLEGE WRESTLING	I	C	P	Sports	02/09/2013	19:00:00	21:00:00	02:00:00
TCNMA	NLL LACROSSE	I	C	P	Sports	02/09/2013	21:00:00	23:30:00	02:30:00
TCNMA	ICE SKATING SPECIAL	R	C	P	Sports	02/10/2013	13:00:00	14:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	02/10/2013	14:00:00	15:00:00	01:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	02/10/2013	15:00:00	17:00:00	02:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	02/10/2013	17:00:00	19:00:00	02:00:00
TCNMA	INSIDE GOLF	I	C	P	Sports	02/10/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/10/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	02/11/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/11/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	02/11/2013	19:00:00	21:00:00	02:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	02/11/2013	21:00:00	23:00:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	02/11/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	02/12/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/12/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/12/2013	17:30:00	18:00:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	02/12/2013	21:30:00	22:00:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	02/12/2013	22:00:00	01:00:00	03:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	02/13/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/13/2013	17:00:00	17:30:00	00:30:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	02/13/2013	22:00:00	01:00:00	03:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	02/14/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/14/2013	17:00:00	17:30:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	02/14/2013	23:00:00	01:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	02/15/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/15/2013	17:00:00	17:30:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	I	C	P	Sports	02/15/2013	19:00:00	19:30:00	00:30:00
TCNMA	NLL LACROSSE	I	C	P	Sports	02/15/2013	19:30:00	22:00:00	02:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	02/15/2013	22:00:00	00:00:00	02:00:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	02/16/2013	00:00:00	01:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	02/16/2013	13:00:00	14:00:00	01:00:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	02/16/2013	14:00:00	16:00:00	02:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	02/16/2013	16:00:00	17:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	02/16/2013	17:00:00	18:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	02/16/2013	18:00:00	19:00:00	01:00:00
TCNMA	COLLEGE WRESTLING	I	C	P	Sports	02/16/2013	19:00:00	21:00:00	02:00:00
TCNMA	BROADWAY BOXING	I	C	P	Sports	02/16/2013	21:00:00	23:00:00	02:00:00
TCNMA	INSIDE GOLF	I	C	P	Sports	02/17/2013	13:00:00	13:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/17/2013	14:00:00	14:30:00	00:30:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	02/17/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	02/17/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	02/17/2013	17:00:00	17:30:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	02/17/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	02/17/2013	18:00:00	18:30:00	00:30:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	BASS WEST USA	I	C	P	Sports	02/17/2013	18:30:00	19:00:00	00:30:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	02/17/2013	19:00:00	22:00:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	02/18/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/18/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	02/18/2013	19:00:00	21:00:00	02:00:00
TCNMA	POWERSHARES TENNIS	I	C	P	Sports	02/18/2013	21:00:00	23:00:00	02:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	R	C	P	Sports	02/18/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	02/19/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/19/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/19/2013	17:30:00	18:00:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	02/19/2013	19:00:00	21:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	02/20/2013	16:00:00	17:00:00	01:00:00
TCNMA	BEST OF THE BEST	R	C	P	Reality: Other	02/20/2013	17:00:00	17:30:00	00:30:00
TCNMA	POWERSHARES TENNIS	R	C	P	Sports	02/20/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	02/21/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/21/2013	17:00:00	17:30:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	02/21/2013	21:00:00	00:00:00	03:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	02/22/2013	00:00:00	01:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	02/22/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/22/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	02/22/2013	23:00:00	01:00:00	02:00:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	02/23/2013	18:00:00	21:00:00	03:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	02/23/2013	21:00:00	23:00:00	02:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	02/23/2013	23:00:00	00:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	I	C	P	Sports	02/24/2013	00:00:00	01:00:00	01:00:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/24/2013	13:30:00	14:00:00	00:30:00
TCNMA	STEEL DREAMS	I	C	P	Sports	02/24/2013	15:30:00	16:00:00	00:30:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	02/24/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	02/24/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	02/24/2013	17:00:00	17:30:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	02/24/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	02/24/2013	18:00:00	18:30:00	00:30:00
TCNMA	STEEL DREAMS	R	C	P	Sports	02/24/2013	18:30:00	19:00:00	00:30:00
TCNMA	GILLZ N FINZ	I	C	P	Sports	02/24/2013	19:00:00	19:30:00	00:30:00
TCNMA	BASS WEST USA	I	C	P	Sports	02/24/2013	19:30:00	20:00:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	02/24/2013	20:00:00	20:30:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	02/24/2013	20:30:00	21:00:00	00:30:00
TCNMA	CAMDEN HIGH BASKETBALL STORY	R	C	P	Sports	02/24/2013	21:00:00	22:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	02/25/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/25/2013	17:00:00	17:30:00	00:30:00
TCNMA	ONTARIO HOCKEY LEAGUE	R	C	P	Sports	02/25/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS IN 60	I	C	P	Sports	02/26/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/26/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	02/26/2013	17:30:00	18:00:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	02/26/2013	21:30:00	22:00:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	02/26/2013	22:00:00	01:00:00	03:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	02/27/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/27/2013	17:00:00	17:30:00	00:30:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	02/27/2013	22:00:00	23:00:00	01:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	02/27/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	02/28/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	02/28/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	02/28/2013	19:00:00	21:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	02/28/2013	23:00:00	00:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/01/2013	00:00:00	01:00:00	01:00:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/01/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/01/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/01/2013	19:00:00	21:00:00	02:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/01/2013	20:00:00	22:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/01/2013	22:00:00	23:00:00	01:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	03/01/2013	23:00:00	01:00:00	02:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/02/2013	12:00:00	14:00:00	02:00:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	03/02/2013	18:00:00	21:00:00	03:00:00
TCNMA	FIGHT SPORTS IN 60	R	C	P	Sports	03/02/2013	21:00:00	22:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/02/2013	22:00:00	23:00:00	01:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	03/02/2013	23:00:00	01:00:00	02:00:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	03/03/2013	13:00:00	16:00:00	03:00:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	03/03/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	03/03/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	03/03/2013	17:00:00	17:30:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	03/03/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	03/03/2013	18:00:00	18:30:00	00:30:00
TCNMA	BASS WEST USA	I	C	P	Sports	03/03/2013	18:30:00	19:00:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	03/03/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/03/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/04/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/04/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	03/04/2013	19:00:00	21:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	I	C	P	Sports	03/04/2013	21:00:00	22:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	03/04/2013	22:00:00	23:00:00	01:00:00
TCNMA	BROADWAY BOXING	R	C	P	Sports	03/04/2013	23:00:00	01:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	R	C	P	Sports	03/05/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/05/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/05/2013	17:30:00	18:00:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	03/05/2013	21:30:00	22:00:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/05/2013	22:00:00	00:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/06/2013	00:00:00	01:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/06/2013	16:00:00	17:00:00	01:00:00
TCNMA	BEST OF THE BEST	R	C	P	Reality: Other	03/06/2013	17:00:00	17:30:00	00:30:00
TCNMA	ONTARIO HOCKEY LEAGUE	R	C	P	Sports	03/07/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	03/07/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/07/2013	17:00:00	17:30:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	03/07/2013	22:00:00	01:00:00	03:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	03/08/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/08/2013	17:00:00	17:30:00	00:30:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/08/2013	22:00:00	23:00:00	01:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/08/2013	23:00:00	01:00:00	02:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	03/09/2013	23:00:00	01:00:00	02:00:00
TCNMA	IMPACT ZONE WRESTLING	I	C	P	Sports	03/10/2013	01:00:00	02:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/10/2013	13:00:00	14:00:00	01:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	03/10/2013	14:00:00	16:00:00	02:00:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	03/10/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	03/10/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	03/10/2013	17:00:00	17:30:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	03/10/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	03/10/2013	18:00:00	18:30:00	00:30:00
TCNMA	BASS WEST USA	I	C	P	Sports	03/10/2013	18:30:00	19:00:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	03/10/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/10/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/11/2013	16:00:00	17:00:00	01:00:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/11/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/11/2013	19:00:00	21:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	03/11/2013	21:00:00	22:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	03/11/2013	22:00:00	23:00:00	01:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	03/11/2013	23:00:00	01:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	I	C	P	Sports	03/12/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/12/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/12/2013	17:30:00	18:00:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	03/12/2013	22:00:00	01:00:00	03:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/13/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/13/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/13/2013	21:00:00	23:00:00	02:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	03/13/2013	23:00:00	00:00:00	01:00:00
TCNMA	XTREME SPRINT SERIES RACING	R	C	P	Sports	03/14/2013	00:00:00	01:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/14/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/14/2013	17:00:00	17:30:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	03/14/2013	19:00:00	22:00:00	03:00:00
TCNMA	MOVIE LOFT	R	C	P	Reality: Other	03/14/2013	22:00:00	22:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	03/15/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/15/2013	17:00:00	17:30:00	00:30:00
TCNMA	COURTSIDE JONES	I	C	P	Sports	03/16/2013	13:00:00	13:30:00	00:30:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	03/16/2013	19:00:00	21:00:00	02:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/16/2013	23:30:00	01:30:00	02:00:00
TCNMA	ENGLISH SOCCER	I	C	P	Sports	03/17/2013	13:00:00	16:00:00	03:00:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	03/17/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	03/17/2013	16:30:00	17:00:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/17/2013	17:00:00	19:00:00	02:00:00
TCNMA	INSIDE GOLF	I	C	P	Sports	03/17/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/17/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/18/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/18/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	03/18/2013	19:00:00	21:00:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	03/18/2013	21:00:00	23:00:00	02:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	R	C	P	Sports	03/18/2013	23:00:00	01:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	I	C	P	Sports	03/19/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/19/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/19/2013	17:30:00	18:00:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	03/19/2013	22:00:00	01:00:00	03:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	03/20/2013	16:00:00	17:00:00	01:00:00
TCNMA	BEST OF THE BEST	R	C	P	Reality: Other	03/20/2013	17:00:00	17:30:00	00:30:00
TCNMA	BEST OF WCC BOXING	R	C	P	Sports	03/20/2013	19:00:00	20:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	03/20/2013	20:00:00	21:00:00	01:00:00
TCNMA	MOVIE LOFT	R	C	P	Sports	03/20/2013	21:00:00	21:30:00	00:30:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/21/2013	00:00:00	01:00:00	01:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/21/2013	16:00:00	17:30:00	01:30:00
TCNMA	CHEF'S KITCHEN	I	C	P	Reality: Other	03/21/2013	17:30:00	18:00:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	03/21/2013	19:00:00	21:00:00	02:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/21/2013	21:00:00	22:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	03/21/2013	22:00:00	23:00:00	01:00:00
TCNMA	ONTARIO HOCKEY LEAGUE	I	C	P	Sports	03/21/2013	23:00:00	01:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/22/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/22/2013	17:00:00	17:30:00	00:30:00
TCNMA	MOVIE LOFT	R	C	P	Sports	03/22/2013	19:00:00	19:30:00	00:30:00
TCNMA	COURTSIDE JONES	I	C	P	Sports	03/22/2013	22:30:00	23:00:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/22/2013	23:00:00	01:00:00	02:00:00

Network	Program Name	Initial (I) or Repeat (R)?	New (N) or Continuing (C)?	Primary (P) or Multicast (M)?	Program Description	Air Date (MM/DD/YYYY)	Start Time* (HH:MM:SS)	End Time* (HH:MM:SS)	Length (HH:MM:SS)
TCNMA	BEST OF WCC BOXING	R	C	P	Sports	03/23/2013	13:00:00	14:00:00	01:00:00
TCNMA	MAZDA MX-5 CUP RACING	I	C	P	Sports	03/23/2013	16:30:00	17:30:00	01:00:00
TCNMA	RACELINE	I	C	P	Sports	03/23/2013	17:30:00	18:00:00	00:30:00
TCNMA	XTREME SPRINT SERIES RACING	R	C	P	Sports	03/23/2013	18:00:00	19:00:00	01:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	03/23/2013	20:30:00	22:30:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	03/23/2013	22:30:00	00:30:00	02:00:00
TCNMA	IMPACT ZONE WRESTLING	I	C	P	Sports	03/24/2013	00:30:00	01:30:00	01:00:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	03/24/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	03/24/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	03/24/2013	17:00:00	17:30:00	00:30:00
TCNMA	URBAN AMERICAN OUTDOORS	I	C	P	Sports	03/24/2013	17:30:00	18:00:00	00:30:00
TCNMA	SPORT FISHING WITH DAN HERNANDEZ	I	C	P	Sports	03/24/2013	18:00:00	18:30:00	00:30:00
TCNMA	BASS WEST USA	I	C	P	Sports	03/24/2013	18:30:00	19:00:00	00:30:00
TCNMA	INSIDE GOLF	I	C	P	Sports	03/24/2013	19:00:00	19:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/24/2013	20:00:00	20:30:00	00:30:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/25/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/25/2013	17:00:00	17:30:00	00:30:00
TCNMA	GFL PRESENTS REAL FIGHTS	I	C	P	Sports	03/25/2013	19:00:00	21:00:00	02:00:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	I	C	P	Sports	03/25/2013	21:00:00	23:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	I	C	P	Sports	03/25/2013	23:00:00	00:00:00	01:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	I	C	P	Sports	03/26/2013	00:00:00	01:00:00	01:00:00
TCNMA	BEST OF WCC BOXING	I	C	P	Sports	03/26/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/26/2013	17:00:00	17:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Reality: Other	03/26/2013	17:30:00	18:00:00	00:30:00
TCNMA	ENGLISH SOCCER	R	C	P	Sports	03/26/2013	22:00:00	01:00:00	03:00:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/27/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/27/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	03/27/2013	23:00:00	01:00:00	02:00:00
TCNMA	FIGHT SPORTS MMA	R	C	P	Sports	03/28/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/28/2013	17:00:00	17:30:00	00:30:00
TCNMA	WORLD CLASS CHAMPIONSHIP BOXING	R	C	P	Sports	03/28/2013	19:00:00	21:00:00	02:00:00
TCNMA	BEST OF WCC BOXING	R	C	P	Sports	03/28/2013	21:00:00	22:00:00	01:00:00
TCNMA	BROADWAY BOXING	I	C	P	Sports	03/28/2013	22:00:00	00:00:00	02:00:00
TCNMA	HEARTLAND POKER TOUR	I	C	P	Sports	03/29/2013	00:00:00	01:00:00	01:00:00
TCNMA	HEARTLAND POKER TOUR	R	C	P	Sports	03/29/2013	16:00:00	17:00:00	01:00:00
TCNMA	CHEF'S KITCHEN	R	C	P	Reality: Other	03/29/2013	17:00:00	17:30:00	00:30:00
TCNMA	NLL LACROSSE	I	C	P	Sports	03/29/2013	19:00:00	21:30:00	02:30:00
TCNMA	WORLD CHAMPIONSHIP KICKBOXING	R	C	P	Sports	03/29/2013	21:30:00	22:30:00	01:00:00
TCNMA	GFL PRESENTS REAL FIGHTS	R	C	P	Sports	03/29/2013	22:30:00	00:30:00	02:00:00
TCNMA	MOVIE LOFT	R	C	P	Reality: Other	03/30/2013	00:30:00	01:00:00	00:30:00
TCNMA	INSIDE ISRAELI BASKETBALL	R	C	P	Sports	03/30/2013	16:00:00	16:30:00	00:30:00
TCNMA	XTREME SPRINT SERIES RACING	R	C	P	Sports	03/30/2013	16:30:00	17:30:00	01:00:00
TCNMA	RACELINE	I	C	P	Sports	03/30/2013	17:30:00	18:00:00	00:30:00
TCNMA	XTREME SPRINT SERIES RACING	R	C	P	Sports	03/30/2013	18:00:00	19:00:00	01:00:00
TCNMA	INSIDE GOLF	I	C	P	Sports	03/31/2013	13:00:00	13:30:00	00:30:00
TCNMA	ROCK STAR KITCHEN	R	C	P	Sports	03/31/2013	14:00:00	14:30:00	00:30:00
TCNMA	JIMMY HOUSTON OUTDOORS	I	C	P	Sports	03/31/2013	16:00:00	16:30:00	00:30:00
TCNMA	JIMMY HOUSTON ADVENTURES	I	C	P	Sports	03/31/2013	16:30:00	17:00:00	00:30:00
TCNMA	3 WIDE LIFE	I	C	P	Sports	03/31/2013	17:00:00	17:30:00	00:30:00
Total Independent Programming Aired:									479:30:00

(*) All times are Eastern unless otherwise indicated.